

Athletics Trust Scotland Proms 3K
3rd August 2022
Race Number 5

Posn	No	Forname	Surname	Club	Cat	Time
1	62	Jason	Kelly	Metro Aberdeen RC	M	09:02
2	111	Martin	Mueller	Metro Aberdeen RC	M	09:04
3	55	Kenny	Garden	Metro Aberdeen RC	M	09:44
4	34	Matthew	Hodkinson	Metro Aberdeen RC	M	09:49
5	54	Joe	Folan	Metro Aberdeen RC	M	09:52
6	115	Joanna	Robertson	Aberdeen AAC	F - Para	10:16
7	106	Jamie	Ross	Deeside Runners	M45	10:27
8	81	Mark	McDonald	Jogscotland Bridge of Don	M40	10:34
9	10	Kevin	Morice	Moray Road Runners	M45	10:56
10	4	Elaine	Wilson	Hidden Peak Running	F	11:08
11	9	Quintin	Chalmers	Metro Aberdeen RC	M45	11:30
12	109	Dave	More	Metro Aberdeen RC	M45	11:40
13	121	Brian	Urquhart	Fraserburgh RC	M65	11:42
14	45	Kelly	Cruden	Peterhead AAC	F40	11:45
15	113	Wilson	Willox		M60	12:45
16	123	Francis	Walker		M	12:49
17	91	Louise	Kelly	Stonehaven RC	F55	12:56
18	122	Philip	Owens		M60	12:56
19	68	Fiona	Naylor	Jogscotland Bridge of Don	F40	13:53
20	27	Izzie	MacDonald	Metro Aberdeen RC	F55	14:14
21	90	Rosemary	Leiper	Metro Aberdeen RC	F65	14:49
22	16	Richard	Arnold		M50	14:57
23	6	Frank	Campbell	Metro Aberdeen RC	M40	15:01
24	105	Cynthia	Fry		F60	15:57
25	28	Lana	Hadden	Metro Aberdeen RC	F65	16:00
26	77	Raymond	Simpson	Jogscotland	M65	16:36
27	75	Alan	Fulton	Aberdeen AAC	M70	17:27
28	8	James	Wright		M65	19:02